



Fags

PDO THREADS

PDO THREAD LIFT FAQs

PDO therapy is an innovative, new cosmetic technique that is designed to ramp up collagen production in order to subtly lift the facial features and counteract the signs of aging. Here are some of the questions that we are most commonly asked about this highly effective, anti-aging treatment.

WHAT IS PDO THREAD LIFT AND HOW DOES IT WORK?

The PDO thread lift procedure itself involves the implantation of fine, absorbable polydioxanone threads, similar to those which are used in medical suturing, into the subcutaneous layer of the skin using tiny needles. Their placement causes a series of microinjuries that trigger the body to produce greater amounts of natural collagen and elastin in order to repair the microscopic damage that occurs. The threads remain in place for around 6 to 8 months, after which time they are absorbed into the body, leaving new collagen in their place.

ARE ALL PDO THREADS THE SAME?

There are several different types of thread that can be used. Which will be recommended for you, will depend on the areas that you are targeting with the treatment and the type of improvement you are hoping to achieve. For example, cog threads are most commonly used to lift sagging tissue around the jaw and neck in order to improve the patient's profile. Meanwhile, screw threads can be used for plumping and adding volume to deficient areas, such as the cheeks, as well as lifting.

WHAT AREAS CAN PDO THREAD LIFT BE USED ON?

PDO therapy can be successfully used on various areas of the face including the cheeks, brow, nasolabial folds, marionette lines, jawline and neck. It can also be used on the body, arms, thighs and abdomen. Dr. Mata will be able to advise you if PDO thread lifting is a suitable treatment option for the area that you wish to target.

HOW LONG DOES A PDO THREAD LIFT PROCEDURE TAKE?

Precisely how long a PDO thread lift will take will depend on the area being targeted, but in most instances, it can be carried out in between 45 and 60 minutes. Including preparation and the time following treatment, you can expect the entire appointment to last a maximum of 2 hours.

DOES A PDO THREAD LIFT HURT?

The procedure itself is minimally invasive and does cause micro-injuries to layers within the skin. As such, patients are given a local anaesthetic before their treatment which will ensure that they remain comfortable and relaxed throughout.

WHAT SIDE EFFECTS CAN I EXPECT AFTER A PDO THREAD LIFT?

A great benefit of a PDO thread lift is that the side effects are minimal. You may notice a little swelling and bruising that lasts for a few days, after which time it should fade. There is no downtime and you can get back to your usual routine right away.

HOW LONG DOES IT TAKE TO SEE THE EFFECTS OF A PDO THREAD LIFT?

It is important for patients to be aware that the results of a PDO thread lift are progressive. This is because they rely on the body's natural production of collagen which takes time, rather than administering man-made versions into the skin. The lifting effect of PDO therapy reaches a peak at around 6 months post-treatment, after which time new collagen and elastin will have formed around the threads to tighten the skin and make the area look firmer, smoother and more youthful. The effects of treatment can potentially last between 2 and 3 years, after which time further treatment may be necessary to maintain your results.